ADAM AND EVE - THE MIND CONTROL - THE ORION WARS - EXTRATERRESTRIAL CONTACT
Published 12 February 2021 by Pleiadian Knowledge, Cristina & Estella

INTRODUCTION

As the book of Genesis relates in the old testament, after creating Earth and animals God Yahve created the first man, Adam, and from the rib of Adam, he created the first woman, Eve. And he made them live in the paradise of Eden, where they had everything they needed to subsist. He only gave them one condition, which was not to eat from the forbidden tree. But... Where does this information come from? What does really support the theory of creationism?

And how it is that more than 2,000 years ago, according to our science, they were able to build so many underground cities in what would be today the territory of Turkey? Some of them with more than 20 levels depth! Authentic cities with capacity to shelter entire families, food, and animals. With water tanks, very sophisticated ventilation shafts and a perfectly designed archeologic structure.

And how they were able to connect some of these cities, with underground tunnels, some more than 8 kilometers long? And even more... What led them to want to live beneath the earth with such equipment, that allowed them to isolate themselves from the surface?

And on the other hand, what led them to build big pyramids? Only with the purpose to be used as tombs for kings or pharaohs? And if so. Why it's been found liquid mercury ducts and rivers inside or below many pyramids, like for example, in the Teotihuacan pyramid in Mexico? Are these rivers of liquid Mercury, an honor to the deceased, as our history justifies? And if no one has ever wondered. Where did these so-called primitive societies got so much Mercury from?

Cristina: Hello friends, welcome to Pleiadian Knowledge. I am Cristina. Let's continue with the history of Earth. I know I've commented this on previous videos, but I'd like to remind you again that all dates provided are just a chronological approximation to history. As you know, time is not linear, so neither is history. Although Yazhi Swaruu is trying to give us a time arrow that is as precise as possible, since she knows that's how we understand history better. But I want to point out, that is not how she perceives or understands history. Although she understands linearity, it is not how she works. So we will find that some sequences of events have no explanation or do not match the dates if they are observed in a linear way, instead if they are observed in a nonlinear way everything makes sense. If we have the opportunity later on, we would like to go deeper with Yazhi, in how she really perceives history. I think it would be very interesting.

So, before I start with today's story, I would like to explain a little bit more about the Atlantean and Lemurian civilizations and in special about the pyramids.

INFORMATION BY YÁZHÍ SWARUÚ

ATLANTEAN TECHNOLOGY

Yazhi Swaruu explained that the Atlantean and Lemurian civilizations had advanced technology, both with aerial capacity.

The Atlantean pyramids were distributed throughout the civilization. The main function was to provide free energy to cities, it was nothing less than power reactors with zero-point energy.

All pyramids formed, and are still forming, even though in a decadent and low power state, an energetic structure, like an energetic grid that encloses the planet. With the function of providing electric power that was free and without cables, with Tesla's principle or zero- point energy, as you know it there. Although they are or were portals and centers for consciousness expansion as well. Like centers of psychic energy expansion or boosters, astral projection facilitators. Especially for shamans and healers, for not using: 'For religious reasons'. To communicate with their entities and everything that it was in the afterlife.

Some pyramids were intended to be 'condensers' of subtle and non-electrical energies only. That is to say, not all pyramids had the function of generating useful electrical power.

Unlike the pyramids that were built by Federation's races, such as the pyramids of Giza, which use water as a conductor of internal polarity. Meso American and other Atlantean pyramids used Mercury to potentialize

the charge differential, for its high electrical transmission plasticity. Instead, the Lemurian civilization used mainly water-based pyramids, for the clear influence from Federation races at the time.
The Atlantean pyramids, were equipped with canal structures, where large amounts of liquid Mercury circulated, using part of the principle of polarity between the sky and the ground. Electric polarity.
As you know, the clouds and the atmosphere have an electric charge and the ground has another one. When one polarity is charged too much, a spark is created, because electricity seeks grounding. Generating in this way, a lightning.
A pyramid is not more than a system to channel the charge differential, between the atmosphere and the earth, in a continuously and controlled way, to provide a usable power for electrical appliances and light in general. For example, the pyramid of Chichen Itza was a mercury-based zero-point reactor with portals as an alternative use. With ties to the Sun especially.
The Mercury was exported from refineries that were located outside of the planet. I don't know the exact point of these refineries, I only know by logic that they were located in the constellations of Orion and Draco, where the reptiles came from, not from a single but from countless planets, as the whole region was and still is, filled with reptile races. Take a note that many so-called reptile races are not necessarily reptile based, but only have reptile appearance. Some look like reptiles, but they are mammals.
Going back to the refineries, it is not like they were characterized by them precisely, but as an interstellar civilization, they had some kind of industry that would support them in what it was necessary. As happens with any other interstellar civilization, since they cannot make their ships out of nowhere. They need to have their production resources, ship parts factories, shipyards, and all that. They can't manifest a ship with their mind, they are not at that level of consciousness advancement. It is possible to manifest a ship with thought, from very high densities, of course. But as I said before: "If you can manifest a ship with your thought, you don't need a ship."
So Mercury was brought to Earth, through portals or with primitive ships that use stargates, as a way of transcending great distances. Mostly natural portals in space, like the suns or the ones found on large planets, like here in Saturn. But also, small artificial ones, like portable portals or almost portable.
Just as an illustration. They're like this or very much alike this one from "Star Gate".

This picture is not shown due lack of image support

Mercury is mined on planets or asteroids, then it gets refined to remove impurities and they transform it to an electrical grade. But still has more uses, as it is a heavy metal that can be enriched, as the Uranium is enriched as well, to then be used in a nuclear plant. In Atlantis there were also nuclear power plants that worked with Uranium but were mainly for warlike use. Enriched Mercury, it is called Red Mercury on Earth.
If you spin that mercury at a high-speed like on a turbine, and pass a lot of electrical power through it, it causes a toroidal electromagnetic vortex with gravity cancellation properties. But is clear that a specific gravitational frequency control is needed to effectively control these anti-gravitational properties of Red Mercury. Without frequency control, only part of the energy passing through the device containing the red Mercury, will be applied to cancel the gravity, the rest is extra energy and is dangerous, since it is a lot.
That is because in disorder, the entire antigravitational device containing mercury will produce, a whole range of frequencies randomly and only the result of gravity cancellation will be noticed, when, some frequency transmitted by the device coincides by chance, with the frequency of gravity where the device is located. If the specific frequency of the external gravity outside the device is known, the frequency emitted by that device can be moved, to the specified frequency to cancel the gravity with an efficiency of 100% and with a much lower energy consumption. In a safe and controlled way. Like it is done on a spaceship. These readings depend on the gravity sensors, which ships have, the Sensors indicate the properties of gravity to the ship's computer making changes to the turbines.
According to Wikipedia, Red Mercury doesn't exist. But look at the logic, it says so only beucase it is not in the periodic table. As if everything in the periodic table was all that exists. The same with UFOs, they would never tell people that red Mercury is enriched Mercury and is spacecraft engine turbine material. There are

terrestrials' references to Red Mercury in Die Glocke's trials in Nazi Germany.
Back to the pyramids. Although there are clear external differences between the Federation pyramids or Atlanteans, due to the clear influence of local cultures or the people who built them, they all function on the same principle. They all follow, the same basic mathematical pattern.
The biggest difference is, in the complexity of operation and technology. Mercury Base Zero Point Reactors can be built smaller and the same effect as water-based reactors can be obtained in a smaller place or with less mercury. That is, they do not depend on the environment like water-based ones. They can be made smaller and very efficient.
Instead, a Zero Point Water Base Reactor like the Giza's ones, need underground chambers and rivers, and even a water 'bomb' system that runs down the passages (access to the Queen's chamber) to create a strong ground-connecting effect. Therefore, they are more complicated to manufacture than the mercury-based one.

This picture is not shown due lack of image support

The main problem with Mercury-based pyramids is their added toxicity. Even today, they are a problem or a focal point of contamination, especially for the subsoil and permeability of the place and local aquifers. The ground-based ones with water, are cleaner and I would dare to say, that they are clearly more advanced and efficient.
They say in terrestrial science that an advanced civilization harvests energy from the stars. No. That's limited human interpretation. You don't need to harvest a star, because a Zero Point reactor provides all the energy you need. There is no explanation unless aliens enter within the answer. Do you know the Kardashov Scale? By observing the classification of civilizations, you can see that everything is based on their power to process and increase energy. First of all, from their planet, then the sun later the Galaxy... Clearly of human mentality. Civilizations like Taygeta's, would fall off that scale. Because they don't need to exploit, or harvest the energy, not from their planet, their sun, not even their Galaxy. They have transcended all that.
Because of these things, they don't accept the existence of "aliens." It is just out of any official or scientific understanding for them. As long as they only observe the material world, they will not understand alien civilizations or the cosmos, nor how it actually works. Because they reduce everything to 3D or 3D understanding. As Nicola Tesla said, once they look at the non-material world, they will make more progress in a decade than in the last 100 years.
Cristina: As you can see, they've been teasing us for millennia. Yazhi explained that the pyramids we have on the surface have been dismantled. They've taken all the technology and left only the structure to the public. Even though there are still pyramids in operation with all its technology and that no one is using.
For example, the ones that are submerged in the Bermuda triangle area, which are responsible for magnetic anomalies there and where some Atlantean cities were located. We will talk about them in another video.
But also, for example there is another one in Crimea, in an underground chamber in the south of the island. This is a water-based one and it was used to feed a Federation base on the area, formerly the base of Taygeta. And that is the reason of the dispute between Russia and the West Hemisphere over the control of Crimea.
If you are interested in knowing more about water-based pyramids especially those of Giza, I recommend the video: "Those who built the pyramids of Egypt" that can be found at the channel: "Despejando Enigmas" of the contactee Robert. It's very interesting. I'll leave the link to his video in the description:
https:/ /youtu.be/DPye6zhll8U
Cosmic Agency video: https://www.youtube.com/watch?v=A4xpfUrvS8E
So, having said that we start with our history.

HISTORY
About 15,000 years ago, during the flourishing and expansion of the Atlantean civilization, reptiles began to experiment with their Lyrian slaves. The objective was to make them more submissive and accommodating,

to avoid revolts and other possible problems arising from oppression.
One of the largest concentration camps, where genetic experiments were launched, was in the area of Turkey, where the Lyrians were led to live in underground cities under reptiles' control and under the assumption that, it's how they were supposed to live. These concentration camps are listed in the old testament as "the paradise or the garden of Eden".
The controllers tried to modify the Lyrians in laboratories, trying to suppress genes and modifying DNA. But it did not work as they expected. The Lyrians had a great connection to the source, and all the changes produced in laboratory returned to their origin, either in the altered individual or in the next or subsequent generations. So, they did not get to make the changes permanent.
This picture is not shown due lack of image support
Then the Reptiles in Atlantis decided to bring genetic transformation to a mind control level, since it could not be achieved with a test tube in a laboratory. They began to use this mind control, along with isolation of perception to guide the slave humans to alter their own DNA using a belief system.
Sometimes babies were separated from mothers at birth and given to other adults, chosen as teachers who raised them and indoctrinated them with reptile teaching, since babies. Instilling in them other values, other ideas. Forcing them to suppress their exceptional intelligence qualities and their connection to the etheric field. That is, to make them dependent on these races, the creators, as "gods" so that the Lyrian-humans could not oppose to exploitation.
The goal was the same, to move them away from their connection to the source and guide them to modify their own DNA. Little by little the minds of children were changing, suppressing the parts or qualities that the controllers did not want. Reinforcing them not to remember who they are or who they were, while seeking qualities like obedience and low intellect, being this last one was essential. That is, they limited them mentally so that they believe in a deterministic and material world. So they do not realize that they have the same creation capabilities as their oppressors. On many occasions, adults were sacrificed, leaving only the children, to start a new group.
Eden was a site controlled by Atlantis. Where they could see how their new artificially created race developed, and when it didn't work out, they would remove it and put another. For all this, it was vitally important that the controllers were not seen, in order to maintain an illusion of freedom in the minds of slaves. Making them believe, that they are alone in the universe and that they must obey the "Gods". Achieving like that, their collaboration by their own free will. Just like they do today. Allowing them a degree of evolution that was controlled and supervised by these races, with very basic technology, the minimum to function. Also like today.
The reptiles were perfecting mind control until they created with the Lyrians, a new race: Adan or Adamic race. A race, known today as the modern human. Establishing a system of beliefs and ideas, according to their interests of what was possible and not, a guide to history and the reason for existence. From all this were born later the Sumerian Tablets, the mother of the Bible and now, our modern science. The basis of human society.
But on the other hand, and at the same time, there was Lemuria, made up from Lyrians who had escaped the oppression of the Reptiles. The controllers had failed to suppress their intellect and memories, they knew themselves free and that is why they had escaped from the Atlantis. They were the Eves.
Lemuria was developed with the help of matriarchal interstellar societies, like Taygetean, and later Engan and Solatian. That was the snake. The Eves, which included both men and women of the Lyrian race, were empowered with universal knowledge. The forbidden fruit.
Adams and Eves were the same race, the only difference was the mind.
Cristina: As many of you already know, we are the creators, and we are not this body. This body is only our reflection, the shadow of who we are above. It is us who create and modify this body, not the opposite. Therefore, it is very difficult to alter and modify the body, it would be like modifying a shadow. In the end, the object that produces that shadow will always have control of it.
The same goes for genes, it is very difficult to modify the body genetically and that this alteration continues generation after generation, because the being above, the one who runs the body, will modify it as it wants.

The only way is through mind control, by making the consciousness/soul that directs the body, believe how has to modify it, guiding it through ideas and beliefs so that it makes that genetic modification that prevails as long as those ideas and beliefs last.
As Swaruu told us:
The human being is Lyrian and their DNA is complete, only deactivated, but not by a test tube, but by the manipulation of human consciousness, because it is consciousness that activates, deactivates and rewrites a gene, chain of genes or the entire genetic sequence of a species, and it is also consciousness, that creates in this way a new species and not by random mutations or by natural selection, so the awakening of humanity will return its DNA of 12 strands and 24 chromosomes, because it is already there, only suppressed with the use of mental control. The only thing that limits humans is the idea or belief that they are limited.
That is why the controllers are so careful when it comes to implement their agendas and some of these agendas are gradually incremented within several generations, to maintain the illusion and people being unable to tie up loose ends easily. Living in an unreal world, but accepted as valid for having no other choice, no other place to compare. That's why they isolate us from the outside world, from aliens. That is why they carefully manipulate all our knowledge down to the smallest detail and rewrite our history according to their interests and agendas.
To finish, I would like to give you a few more details that Yazhi Swaruu has provided us about the symbology of Adan and Eve and the concentration camp of Eden. So, with this I'm saying good-bye. Thank you very much for being here and listening and see you in the following video.

SYMBOLOGY
One of the factions of the Atlantis was located in what is now Egypt. As we have said before, the Atlantean civilization was complex and cosmopolitan. The sphinx was built by them, it is more than 12,000 years old and precedes the pyramids of Giza. Actually, the pyramids were not built until many years later.
The sphinx was a symbol of power. It also refers to the introduction of agriculture in the Nile Valley. There were two sphinxes, one next to the other, but one of them was destroyed, it is unknown the reason and by whom. The lions symbolize Egypt. The Lion, like the Whole. Two Lions represent the Lower and upper Egypt. The sphinxes were side by side. As it is still shown today two lions on both sides of a door.

This picture is not shown due lack of image support

The Woman’s head, because it is a woman, represents the constellation of Virgo, where the Egyptian New Year begins, in September, which coincides with the rainfalls and growth of the Nile and the beginning of the planting season. It is for that reason that the Sphinx looks to the east, where the sun rises. And the lion’s body represents Leo, the last sign of the Egyptian zodiac, the end of the Egyptian year. The Sphinx has always been like this, but there is a theory that says it used to have a jackal 's head "Anubis". The theory is False. It is only ignorance of the way of thinking of ancient Pre-Pre-Dynastic Egypt. (Or before Pre-dynastic).
In the Ancient Egypt, the woman was represented as a snake, and this was repeated in other parts of the world, in China, in Japan and for example in some legends of Mesoamerica. Genesis means The Genes of the Isis Goddess. The ancient reptiles used the snake as a symbol for woman, because of its similarity to the DNA spiral.

This picture is not shown due lack of image support

The snake symbolizes many things, but not "Reptilians". It also is or represents Wisdom, so it is used in the caduceus of Hermes, as a symbol of medicine, as representing the DNA. But it also represents Spaceship. It comes out of the sun and contains wisdom. For example, the Feathered Snake represents a spaceship in atmospheric flight.

This picture is not shown due lack of image support

However, returning to the Atlantis and Lemuria, Adan represents the Adamic Human Race, the Adams were the slaves of the Reptiles. A whole race created by them, by perceptual alteration, not by genetics.
And Eve... Eve represents the race before the Adams. Eve just like Adam was not a woman, but a race. and that included as it is normal, both men and women.
Eve = Lemuria.
The Eves (as a whole race) were tempted by the knowledge of their stellar sisters (Matriarchy of Holographic Civilization, mainly Taygeta). Knowledge represents here the forbidden fruit that those who live under the Cabal, under the Atlantis / the Controllers should NOT have. Because they get out of control and overturn against them, as happened with the Eves which founded Lemuria. Then the Stellar- Matriarchy (Here represents the Snake) Gives the forbidden knowledge to the Eves, who will go out later to free the repressed Adams. Since after all, they are related.

This picture is not shown due lack of image support

Lemuria was interpreted as the female side because it had a matriarchal society based on the influence of other races as the Taygetean.
Lemuria---> Female ---> Eve.
As we said: Geoglyph pre-dynastic for Women in Egypt = Snake.

This picture is not shown due lack of image support

Even today, the feminine, the emotional, the integration with love are despised. In favor of male logic, isolated, without integration with the other side, emotional side. To the extent that women with power act or should act like men and do not like empowered female women, nonexistent concept on Earth. Which is equivalent to matriarchal society, where everything is integrated, including also the masculine side.
Returning to the symbology of Adan and Eve, in the center we have the Tree of Life... This is a concept, as I was telling you before, that was first Egyptian and then Sumerian in that order. In contrary to what you are told there, Egypt precedes Sumerian and Babylonian concepts.
The snake with the tree creates the Caduceus.
Medicine... but coming out of the snake. Snake equal to woman who brings the knowledge --->
---> applied to that it came from a ship. (Ship= Snake) meaning, coming from off the planet.
And on the other hand, we have the paradise or garden of Eden. That it was not a paradise but a concentration camp where they experimented with humans. You could say that this experiment had a period of duration of about 2,500 years, placing it since about 15,000 years ago to about 12,500 years ago. Dates as usual, only approximate. And during this period, they were under the regime of the Atlantean Civilization.
They put the Lyrians in those underground cities, implanting ideas to them from birth, teaching them that: this is how they should live, that is the best way to shelter. So they do it at will, because they don't have any other option. It's like asking me, how they do to convince modern humans to live together clustered in big, illogic, dirty, overpopulated cities that make them sick. It's the same thing. They just have to create in their minds the idea that living like that under the ground, is the best choice for them.

This picture is not shown due lack of image support

That is why the archaeologists themselves do not understand why or how they did or excavated these underground cities, surprisingly with a good ventilation, despite the depth, since the inhabitants were quite primitive, not fitting into their concepts about the abilities of the inhabitants of the Neolithic. And that's because those underground cities were built by beings with very advanced technology, but with the intention of putting their human farm there.

This picture is not shown due lack of image support

Simply structural calculations, combined with the right ways to promote ventilation, would be a nightmare or almost impossible for the level of understanding of the people from that time. But the secret is, in the curved forms not rectilinear, of the internal structures.
The straight structures, square and rectangle shapes in houses and buildings that are used today, like boxes, does not promote the movement of energy, getting it stuck. This energy be called Chi and also sees and offers the dynamic movement necessary so that the air does not get trapped. The atmospheric pressure difference between one side and the other of the underground structure simply creates an air pump effect, which injects or moves fresh air throughout the underground structure or city, all using only atmospheric pressure and wind variables, between exits and vent openings.
The houses in almost all interstellar civilizations are of such shapes, rounded, almost without straight angles, for the same reasons.
Back to mind control. From the beliefs imposed at that time, emerged later the Sumerian Tablets. After it the Old Testament and later the New too. And other religious variants. These contain stories from almost anywhere, in an attempt to include the pagan, the Druidic-Celtic-Gnostic, among which would include events that happened in Egypt and Sumerian, altered and distorted for the people and adjusted to their limited understanding.
They are nothing less than their data imposed on the human population, as absolute truths, truths to follow. Or penalties of incalculable suffering, for all who dare not to follow the rules. But nothing has changed, the same formula today, as it did back then.
The humans who lived at Eden were slaves without knowing they were. As happens to farm animals, they were given food, but not as if was falling from the sky, only so that it was not so difficult for them to obtain, that is, without involving work because to exploit them it was not yet necessary.
As well as being "naked" really meant that they couldn't defend themselves, because they didn’t have the knowledge to or be self-sufficient (which indicates that they were given free livelihood in some way).

This picture is not shown due lack of image support

Naked, without knowledge and without self-knowledge, without the power, to realize, that they are indeed naked. Also, the unsustainable fact that Adan was created before Eve, proves that it is a symbolism. Because first there were the Adams as people, under the control of the reptile invaders and then the Eves would arrive, to help them. Both races were genetically similar. The rib means here that it contains a lot of DNA for cloning.
But this makes no sense if you take it literally... Because this must be interpreted in code. Because biologically speaking, the female will always come before the male, being the male, a variant of the female, of any species. That is why men have nipples, being that the "Y" chromosome is only activated between the second and third weeks of gestation, where the nipples are already formed or with the cells programmed to form them.
So, in the Lyrians as in many, if not in all species of mammals, the male, is only a variant of the primordial being, which expresses the real genetics of the species: the female. This is undeniable biology, and it has anything to do with feminist agendas, nor with the fact that the one who says these words is a woman. It's just a fact and that’s how it is.

This picture is not shown due lack of image support